## **NEWS RELEASE**

Contact: Stacy Gallagher, Children's Cove 508-375-0410 • sgallagher@childrenscove.org

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## For Children's Cove The Cape & Islands Child Advocacy Center



## Children's Cove Expands Trauma Informed Provider Network

Child advocacy center hosts training for local clinicians

**Yarmouth, MA** – In October, Children's Cove, The Cape & Islands Child Advocacy Center, partnered with the Justice Resource Institute (JRI)to provide a two-day training to nearly 30 Cape & Island clinicians and mental health providers to expand available trauma informed providers. As part of its supports and services, Children's Cove provides mental health referrals to the community for child victims of sexual abuse, physical abuse, witness to domestic violence and human trafficking. To ensure there are enough providers in the community Children's Cove brings trainings to local clinicians.

"We recognized a number of years ago that it wasn't best practice to provide these services in-house, that the Cape and Islands needed more services directly in the villages and towns to be more accessible to child victims and their non-offending family." Stated Stacy Gallagher, Director of Children's Cove. "For there to be more trauma informed clinicians in our community we partnered with JRI and have utilized grants to expand out Trauma Informed Provider Network (TIPNet) to nearly 100 therapists."

The class of 28 mental health clinicians and social workers came from schools, private practice, mental health service agencies, substance abuse service agencies, and domestic violence agencies from the Cape, Martha's Vineyard and Nantucket, all of whom serve children and teens. The group's two-day training was in the national therapeutic model called ARC, which stands for Attachment, Regulation and Competency. ARC is a specific method developed to work with children and adolescents who have experienced complex trauma, which also involves their parents or caregivers. The group will have a 10 month, once monthly learning collaborative phone meeting to talk about ways they are utilizing skills and to get clinical supervision from their trainer.

Children's Cove Mental Health Coordinator, Kristine Monteiro, who makes referrals for children and families who access Children's Cove services, also participated in the training with the clinical team. "It is always a great refresher for me to participate in ARC training. I strongly believe in utilizing ARC's concepts and framework as a method for helping children who have experienced trauma. It is also a pleasure to reconnect with and meet new therapists from across the Cape and Islands. These therapists become our true partners in our continued work to support children and their families. Through these partnerships, we are able to ensure that children and their families receive quality, trauma-informed services in order to effectively heal and flourish."

This year, Children's Cove, a department of Barnstable County, is celebrating 20 years of providing coordinated and comprehensive multidisciplinary services to child victims of sexual abuse, physical abuse, witness to domestic violence and child sexual exploitation and trafficking. To learn more visit www.ChildrensCove.org