

It's hard to read this letter.

It's even harder to
imagine something
like this happening
to someone you love.

Protecting your child starts
with having an open and
ongoing dialogue about
body safety and child
sexual abuse. For tips
on having this important
conversation, and for
guidance on what to do if
you suspect your child has
been sexually abused, visit
childrenscove.org.



Providing Hope
and Healing
for Abused Children

today I will be writing
about my experience at children's
cove
children's cove is like amazing
they help you with what happened
to you I was sexual abused when
I was 9 and in 3rd grade my
sister was the first person I told
I was afraid to tell my parents
so on my birthday they found
out after dinner they ask me
I was crying and told them
everything 10-21-15 he was
gone.
The next day I went
to children's cove I believe I
met this wonderful lady named
melanie she was so pretty
and so nice I loved her
smile it made me feel like
I could tell her anything
after everything I felt brave
I was having nightmares
and then I stopped having
them. I sang songs about
how I am brave and know
one can make me afraid
any more thank you
children's cove for everything
remember your not alone
you have to believe in
me and believe in you too

This letter was written by a child from Cape Cod. We admire her courage and
resiliency and are grateful to her and her family for sharing their story.
She hopes her words will give courage to another child, help parents
prevent harm to their children, and raise awareness.