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Information from: Children's Cove



Children's Cove to Expand Trauma Informed Mental Health Care

Funding from the Peter & Elizabeth Tower Foundation Will Train Clinicians to Meet Demand

August 13th, 2025 (Barnstable, MA) – Children's Cove: The Cape and Islands Child Advocacy Center, a department of Barnstable County, has announced an opportunity to expand trauma-informed training for child-focused clinicians through funding from the Peter & Elizabeth Tower Foundation.

Supportive funding through a \$75,000 grant awarded to the Massachusetts Children's Alliance will help train a total of 30 clinicians in evidence-based clinical treatment called Child and Family Traumatic Stress Intervention (CFTSI.) This model helps children and teens who have recently experienced a traumatic event like an accident or a recent disclosure of abuse. CFTSI helps to reduce the immediate impacts of trauma, and works to prevent problems like PTSD, anxiety, and depression from developing. Even for children who have been through previous traumatic experiences, CFTSI has been shown to significantly reduce their trauma symptoms. The treatment approach also helps the parents and caregivers of children, who have suffered abuse, recover as well.

"As we continue to expand our mental health program, we are committed to ensuring all children have access to trauma-informed care in the region" states Stacy Gallagher, Director of Children's Cove. "Our partnerships with behavioral health providers across the Cape, Nantucket and Martha's Vineyard allows us to ensure children have access to evidence-based treatment to focus on hope and healing in their lives."

Children's Cove is actively working with behavioral and mental health providers in the region to recruit 15 mental health and social work professionals to participate in the training and the learning cohort to follow in October. This critical training will expand access to timely, effective mental health treatment for children impacted by abuse, exploitation and trafficking across the Cape & Islands.

The Peter & Elizabeth Tower Foundation is a family foundation which supports children, adolescents, and young people affected by intellectual disabilities, learning disabilities, mental health issues, and/or substance use disorders. Their goal is to improve the lives of young people in Barnstable, Dukes, Essex, and Nantucket Counties in Massachusetts as well as Erie and Niagara Counties in Western New York.

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ABOUT CHILDREN'S COVE

Children's Cove, a department of Barnstable County, has been the Cape and the Island's Children's Advocacy Center since 1997. Children's Cove provides coordinated and comprehensive multidisciplinary services to child victims of sexual abuse, physical abuse, witness to domestic violence and child sexual exploitation and trafficking. To learn more visit www.ChildrensCove.org

ABOUT BARNSTABLE COUNTY REGIONAL GOVERNMENT OF CAPE COD:

Barnstable County provides exemplary government functions and services to keep our community healthy and safe, promote sustainable growth, and offer a proactive, open government that enhances the quality of life for the citizens of Barnstable County. Learn more at www.capecod.gov

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